

Sendai MICE Social Activities Guidebook Activity Lists

No.	Groups	Website
1	Japanese art of creating miniature landscape "Hosokawa-ryu Bonseki, Fujino Kai"	
2	Sencha Tea Ceremony "Sencha Group"	
3	Wearing Kimono "Ume Luv"	<u>•</u>
4	Matcha Tea Ceremony "Matcha Doukoukai"	
5	Wearing Kimono "Kitsukeno Kai"	
6	Painting Matsukawa Daruma "Tsutsumino Ohinakkoya"	<u>•</u>
7	Trial slashing experience with a Japanese sword "Samurai Tameshigiri"	
8	Japanese Flower Arrangement "Ikebana Keyakino Kai"	
9	Japanese Calligraphy "Bunka Koryu Shodono Kai"	
10	Making Chopsticks "Sendai My Hashizukurino Kai"	
11	Origami Workshop "Sendai Origamino Kai"	
12	Lacquering Chopsticks "Kumanodo"	<u>•</u>
13	Making Kaleidoscopes at Sendai Kaleidoscopes Art Museum	<u>•</u>
14	Kokeshino Shimanuki	<u>•</u>
15	Date Clan Style Archery	<u>•</u>
16	Sendai Castle "VR GO!" Virtual Reality Experience	<u>•</u>
17	Date Masamune Dress-up at Michinoku Date Masamune Historical Museum	<u>•</u>
18	Painting Kokeshi Dolls at WAGATSUMA Kokeshi	<u>•</u>
19	Painting Kokeshi Dolls at GANGUAN Kokeshiya	<u>•</u>
20	Painting Kokeshi Dolls at SATO Kokeshiya	<u>•</u>
21	Making Keyrings and Puzzles at HIRANO Crafts	
22	"Shakyo" Sutra Copying at Jogi Nyorai Saihoji Temple	<u>•</u>
23	Zen Meditation at Rinnoji Temple	<u>•</u>
24	Cycling in the Countryside (rental cycle)	•
25	Morning Yoga Lesson at Sendai Royal Park Hotel	<u>•</u>
26	Factory Tour and Dyeing	<u>•</u>

Sendai Convention Bureau

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